

PARENTING GROUP
CIRCLE OF
SECURITY[®]
AT MARRICKVILLE

8 WEEKS
STARTING
FROM

25

JULY 2024



Funded by

phn
CENTRAL AND
EASTERN SYDNEY

An Australian Government Initiative



LILLY PILLY
counselling

ABOUT THIS GROUP

Do you feel you don't know what to do when your child is upset? Why does it feel like you and your child don't understand each other?

This is a blame free safe space to share and learn about the toughest job in the world, parenting. Circle of Security is an internationally acclaimed parenting program, based on decades of research about how secure parent-child relationships can be supported and strengthened.

The program will help you:

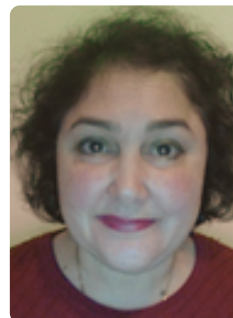
- Understand your child's emotional world by learning to read emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honour the innate wisdom and desire for your child to be secure

Suitable for or parents and caregivers of children aged 0-7 years of age.

MEET THE GROUP FACILITATORS



Narelle Horwitz is a Perinatal Psychologist and mother of three. She supports parents to develop rich and meaningful connections with their children alongside breaking intergenerational cycles.



Simone is a Clinical Psychologist and Couple and Family Therapist. She is committed to helping parents build a happy, safe, and meaningful relationship with their children. She works with parents and children to build secure and reliable connections and establish healthy relationships.

THE DETAILS



10:00am - 12:00pm Thursdays
8 weeks starting July 25, 2024



Marrickville West Primary School
Beauchamp Street, Marrickville



FREE
For eligible participants

RSVP & MORE INFO



Narelle: 0410 630 131
Simone: 0439 728 168



Narelle: narelle@perinatalwellness.com.au
Simone: simone.sharah@gmail.com

TO SECURE YOUR SPACE

Eligibility criteria:

Severe and persistent mental illness (not currently receiving NDIS funding).

This group is open to self referral or referral by clinician or support person using the link below:

<https://phncesws.redicase.com.au#!/referral/create>