

SOCIAL COGNITION AND SOCIAL INTERACTION AT MAROUBRA

10 WEEKS
STARTING
FROM

17

OCT 2024



Funded by

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LILLY PILLY
counselling

ABOUT THIS GROUP

This Social Cognition and Social Interaction (SCIT) Group offers support to those who struggle with social interaction and confidence due to symptoms of psychosis.

The program offers a dynamic mix of video content, interactive exercises, and games, all within a fun and supportive environment.

Facilitated by Eliza and Gus, two experienced and empathetic mental health clinicians, SCIT aims to enhance both social skills and mental health, providing a nurturing space for personal growth and improved interpersonal functioning.

We would love to have you join us!

MEET THE GROUP FACILITATORS



Eliza is an Accredited Mental Health Social Worker with nearly 20 years of experience in the field of mental health. Her therapeutic practice is trauma-informed and person-centered, with a special interest in mindfulness-based approaches. Eliza is dedicated to empowering individuals by working holistically with them, focusing on the person as a whole rather than just their symptoms or diagnosis.



Gus is a qualified provisional psychologist with a holistic approach to mental health and wellbeing that emphasises each individual's capacity for growth and change.

THE DETAILS



1:00pm - 3:00pm Thursdays
10 weeks starting October 17 2024



Lionel Bowen Library
Gale Room, Level 3
669-673 Anzac Pde Maroubra Junction



FREE
For eligible participants

RSVP & MORE INFO



Eliza: 0479 199 726
Gus: 0480 431 341



Eliza: elizamunro.mhsw@gmail.com
Gus: g.dunworth@lilypillycounselling.com.au

TO SECURE YOUR SPACE

Eligibility criteria:

Severe and persistent mental illness (not currently receiving NDIS funding).

This group is open to self referral or referral by clinician or support person using the link below:

<https://phncesws.redicase.com.au/#!/referral/create>